

Bob Clarke Challenge November 2023

Marlene Norton-Baker won the recent Bob Clarke Challenge with a scintillating run of 62.60 seconds for her allocated distance of 314 metres. She was followed by Marinus Haccou in second place with Sarah Chinner in third. The 'Challenge' certainly justifies its name as runners clearly lift performances for the race. In recent ASA competition Sarah ran 70.89 for 400 metres yet ran the 'Challenge' in 67.39 for only 12 metres less. Bill Dickenson (4th) has times of 73.73 and 75.80 in Wednesday night 400m runs this season yet ran 67.55 for 384 metres. Dean Mortimer (5th) ran 67.71 over 380 meters which superseded his run in the (delayed 2022) final earlier this year when he finished in 2nd place in 68.26 for 371metres. Great running all!

Viddy Jermacans – Race Convener

Final – 500 Metres less Handicaps (Wednesday 29 November 2023)

<u>Place</u>		<u>Age</u>	<u>H/cap</u>	<u>Add</u>	<u>To Run</u>	<u>Time</u>
1.	Marlene Norton-Baker	70 (71)	146	40	314	62.60
2.	Marinus Haccou	60 (60)	69	40	391	66.72
3.	Sarah Chinner	60 (61)	112	<i>nil</i>	388	67.39
4.	Bill Dickenson	65 (68)	85	31	384	67.55
5.	Dean Mortimer	65 (66)	85	35	380	67.71
6.	Ros Lowe	75 (75)	165	95	240	69.56
7.	Lisa O'Keeffe	35 (38)	41	85	374	70.19
8.	Louise Scarman	50 (53)	82	60	358	70.68
9.	Kathy Blute	60 (62)	112	60	328	75.01
10.	Sharon Johnson	50 (50)	82	70	348	78.18
11.	Hayden Harrell	60 (64)	69	60	371	79.84

L-R: Marinus Haccou, Sarah Chinner, Bill Dickenson, Dean Mortimer

