

SAMA WALKERS CHALLENGE 2023-24



Similar to the Bob Clarke Challenge, SAMA is to trial a Walkers Challenge which if successful could be followed by Throwers and Jumpers Challenges.

Scheme

All walkers (Club and Race) can enter, and the races will only be judged to ensure no "running". There will be 3 races in the series to reflect short, middle and longer distances.

Races will be held as follows in 2023:

Wed 4th Oct 800m

Wed 25th Oct 2000m

Wed 22nd Nov 5000m

Races will be the normal handicap events during the Summer season with handicaps based on the SAMA handicap system. Points will be awarded in each race according to finish position as follows:

The winner gets 20 points, second gets 18 points, third gets 17 points etc.

The winners will be the athletes with the highest accumulation of points over the three races.

Prizes will be awarded on the third night to the three highest points scorers.

George White (Walks Coordinator)
Viddy Jermacans (Summer Coordinator)