

The Bob Clarke Challenge

SAMA has the Bob Clarke Challenge series of races in its 2023/24 Summer T&F Program. The event will cater for sprinters as well as middle distance & distance runners of all ages, both male & female, competing together in two handicapped rounds (200m & 1000m) with the aim of qualification for a 500m, handicapped, final.

The two rounds and handicapped final of The Challenge will be run over three Wednesday evenings during the month of November 2023. Entrants will need to register up to **48 hours** before each round to allow for handicaps to be calculated and for the track to be marked on the day of competition.

Athletes will be handicapped on a set sliding scale (based on age & gender) with possible, discretionary, additional handicapping based on an assessment of comparative skill levels.

Athletes need to compete in at least one of the two qualifying rounds, ie. 200m (handicapped) or the 1000m (handicapped) to qualify to run in the final. Points will be allocated, on a sliding scale, to all runners in each heat. The top 12 (added) point scorers at the completion of the two heats will qualify for the 500m (handicapped) final.

Gift vouchers will be awarded to the winner of each of the 200m heats of the first round and the first two placegetters in the 1000m heat of the second round.

Gift vouchers will be awarded to the three placegetters in the final as follows: -

- 1st \$300 voucher from either Rebel Sports or Travel Associates (*winners' choice*)
- 2nd \$120 voucher from Rebel Sports
- 3rd \$80 voucher from Rebel Sports

<u>Previous Winners</u>		<u>Age</u>		<u>Time</u>
2019	Richard McMahon	59	446 run	1.09.15
2020	Vicky Caputo	41	445 run	1.11.71
2021	Dean Mortimer	65	376 run	1.09.36
2023	Gino Gericatano	49	444 run	1.06.44

Round 1. 200m

Run [Wednesday, 1 November 2023](#) as per the SAMA Summer Program (A1 Scratch).

Athletes entered in this round will run in individual lanes and be catered for in the required number of races. It is anticipated that there will be two to three races with up to nine runners in each race.

Round 2. 1000m

Run [Wednesday, 15 November 2023](#) as per the SAMA Summer Program (C1 Scratch).

This round will not be run in lanes, with all runners to start as per handicaps and marked in lane one (1).

Below are handicaps in metres as set for the two rounds and the 500m final.

<u>Age</u>	<u>200m run</u>		<u>1000m Run</u>		<u>500m Run</u>	
	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>	<u>M</u>	<u>F</u>
30-34	Scratch	12	Scratch	70	Scratch	27
35-39	Scratch	19	Scratch	106	Scratch	41
40-44	7	26	35	142	13	55
45-49	14	33	70	178	26	68
50-54	21	40	106	216	40	82
55-59	27	46	144	254	54	97
60-64	33	53	183	295	69	112
65-69	40	60	225	337	85	128
70-74	48	69	271	383	102	146
75-79	57	77	321	433	121	165
80-84	66	87	376	487	142	186
85-89	73	93	412	523	156	199

The final will be run as per the 2nd round with all runners to start as per handicaps and marked in lane one, on [Wednesday, 29 November 2023](#), as per the program (B1 Scratch).

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