

SA Masters Athletics Winter Program 2022

Version 3 (update)

Correct as at 27/6/2022		Handicap Events - Gray		SAMA Championships - Orange	
Subject to change in response to COVID-19 Public Activity Requirements for South Australia [https://www.covid-19.sa.gov.au/]					
DATE	VENUE	WALKS		RUNS	
30th April	Felixstow Reserve	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.30pm 6km, 2.45pm 4km, 3.00pm 2km	
7th May	West Beach	1.45pm 10km, 2.15pm 5km, 2.35pm 2.5km		2.00pm 10km, 2.30pm 5km, 2.45pm 2.5km Beach run if possible	
Low tide		Handicap Event - Prizes			
7th May	Bonython Park	ASA Relays #1 (Road)			
14th May	Cnr Greenhill & Peacock Road (Adelaide Hockey Club Rooms)	2.00pm State 5km Walk Champs with SARWC		Do parkrun if desired	
	parkrun	5km - 8.00am start - WEAR SAMA UNIFORM - PREREGISTER ON-LINE WITH parkrun			
21st May	Felixstow Reserve - changed	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.15pm 8km, 2.45pm 4km, 3.00pm 2km	
21st May	West Beach	ASA State Road 10km Champs			
28th May	Western Districts Clubrooms	1.45pm 10km, 2.15pm 5km, 2.35pm 2.5km		2.30pm SAMA State 5km Run Champs & 2.45pm 2.5km Run	
Sun 29th May	Barossa Marathon Festival - This event is eligible for the 2022 AMA Postal Half-Marathon Championships.				
4th June	Bonython Park 2.5k Loop	1.45pm 10km, 2.15pm 5km, 2.35pm 2.5km		2.00pm 10km, 2.30pm 5km, 2.45pm 2.5km	
4th June	Victoria Park	ASA Relays #2 (XC)			
11th June	East Terrace	1.45pm 10km, 2.20pm 5km		SAMA XC State Championships 2.15pm 8km & 6km 2.45pm 4km XC, 3.00pm 2km XC	
18th June	Western Districts Clubrooms (AGM in the Upstairs Area)	5km, 2.5km Turkey Handicap Special start time 1.45pm & 2.05pm		5km, 2.5km Turkey Handicap Special start times 2.10pm and 2.24pm	
		SAMA AGM -Prizes			
18th June	Flinders Athletics Club	ASA XC #1			
25th June	Oaklands Park	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.15pm 8km, 2.45pm 4km, 3.00pm 2km	
29th June -10th July	2022 WMA World Championships - Tampere, Finland				
2nd July	Cnr Greenhill & Peacock Road (Adelaide Hockey Club Rooms)	1.30pm SAMA 10km Walk State Champs with SARWC 2.00pm 4km & 2km		Do parkrun if desired	
	parkrun	5km - 8.00am start - WEAR SAMA UNIFORM - PREREGISTER ON-LINE WITH parkrun			
9th July	Le Fevre Terrace - changed	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.15pm 8km, 2.45pm 4km, 3.00pm 2km	
		Handicap Event - Prizes			
16th July	Felixstow Reserve	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		1.45pm SAMA 10km Run State Championships 2.15pm 8km, 2.45pm 4km, 3.00pm 2km	
16th July	Botanic Park	ASA XC #2			
23rd July	Adelaide South Parklands, Park 19 Playground, Glen Osmond Road	1.15pm SAMA 15km Walk State Champs 1.45pm 10km, 2.35pm 4km, 2.45pm 2km		2.00 pm 10km, 2.45pm 4km, 3.00pm 2km Walkers' course	
30th July	Oaklands Park - changed	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.15pm 8km, 2.45pm 4km, 3.00pm 2km	
30th July	Victoria Park	ASA XC State XC Champs			
6th August		Do parkrun if desired		Do parkrun if desired	
	parkrun	5km - 8.00am start - WEAR SAMA UNIFORM - PREREGISTER ON-LINE WITH parkrun			
Sunday 7th Aug	Adelaide South Parklands, Park 19 Playground, Glen Osmond Road	20km Walk SAMA State Championships and 20km Walk AMA Championships 10am Start - Other distance - 10.10am 4km		SAMA Half Marathon State Championships Eligible for the 2022 AMA Postal H-M Championships. 10.10am Start - Other distance - 10.10am 6km	
13th Aug	Victoria Park (Cnr Halifax St & East Tce) - tentative only	TBA		TBA	
13th Aug	Cnr Greenhill & Peacock Road (Adelaide Hockey Club Rooms)	ASA State Walk Champs (SARWC)			
13th Aug	Bonython Park	ASA Ekiden Relays			
20th Aug	Burbridge Road (TBC)	2.00pm 8km, 2.35pm 4km		2.15pm 8km, 2.45pm 4km, 3.09pm 1km	
		Prizes			
Sun 21st Aug	Adelaide Marathon Festival - This event is eligible for the 2022 AMA Postal Half-Marathon Championships.				
26-27th Aug	TBC Joint AA / AMA National XC Championships				
27th Aug	Bonython Park 3km course	1.30pm 12km, 1.45pm 9km, 2.15pm 6km, 2.45pm 3km		2.00pm 12km, 2.15pm 9km, 2.30pm 6km, 2.45pm 3km	
3rd Sept	Felixstow Reserve	2.00pm 8km, 2.35pm 4km, 2.40pm 2km		2.30pm 6km, 2.45pm 4km, 3.00pm 2km, 3.09pm 1km	
Sun 4th Sept	Park 10, War Memorial Drive	Fitzzy's 5 - ASA State 5km Road Champs			
10th Sept	Western Districts Clubrooms (TBC)	5km, 2.5km Turkey Handicap Special start time 1.45pm & 2.05pm		5km, 2.5km Turkey Handicap Special start times 2.10pm and 2.24pm	
		WINTER PRESENTATION - Prizes			
Sun 18th Sept	CITY-BAY				
21st-23rd Oct	SAMA WEEKEND AWAY - Port Hughes Holiday Park (Yorke Peninsular)				