

Bob Clarke Memorial Challenge

SAMA will continue with the Bob Clarke Memorial Challenge series of races as part of its 2021/2022 Summer Track & Field program. It is an event that will cater for sprinters as well as middle distance and distance runners of all ages, both male and female, competing together in two handicap heats (200m & 1000m) with the aim of qualification for a 500m, handicapped, trophy final.

The two heats and final of The Challenge will be run over three Wednesday evenings during the months of November and December 2021.

Entrants will need to register up to 48 hours before each heat to allow for handicaps to be calculated and for the track to be marked on the day of competition.

Male and female athletes compete jointly in the heats and final. Gift vouchers will be awarded to the placegetters in the final as follows:- **1st \$150.00, 2nd \$60.00, 3rd \$40.00.**

Athletes are handicapped on a set sliding scale (based on age and gender) **with possible, discretionary, additional handicapping based on an assessment of comparative skill levels.**

Heat 1. 200m

Run [Wednesday, 3 November](#) as per the SAMA Summer Program (A1).

Heats will be run in lanes commencing on the bend entering the straight.

It is anticipated that there will be two to four races with up to nine runners in each race.

Heat 2. 1000m

Run [Wednesday, 17 November](#) as per the SAMA Summer Program (C1).

These heats will not be run in lanes but with all runners to start as per handicaps and marked in lane one.

Qualification for trophy final

Points will be awarded to runners in each race of the two lead up heats on the following basis:-

1 st	10 points	4 th	6 points	7 th	3 points
2 nd	8 points	5 th	5 points	8 th	2 points
3 rd	7 points	6 th	4 points	9 th	1 point

Points are combined from the 2 heats and the top 10-12 (in case of ties) runners will qualify for the final.

Runners can qualify for the 500m final from one heat if sufficient points are obtained for final standings.

Below are indicative **handicaps in metres** as set for the two heats and the 500m final.

Age	<u>200m run</u>		<u>1000m Run</u>		<u>500m Run</u>	
	M	F	M	F	M	F
30	Scratch	12	Scratch	70	Scratch	27
35	Scratch	19	Scratch	106	Scratch	41
40	7	26	35	142	13	55
45	14	33	70	178	26	68
50	21	40	106	216	40	82
55	27	46	144	254	54	97
60	33	53	183	295	69	112
65	40	60	225	337	85	128
70	48	69	271	383	102	146
75	57	77	321	433	121	165
80	66	87	376	487	142	186
85	73	93	412	523	156	199

The **final** will be run as per the 2nd heat with all runners to start as per handicaps (including discretionary) and marked in lane one on [Wednesday, 1 December](#) as per the program (B1).

Viddy Jermacans

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