

Date	1/08/2020
Competition	ASA XC Relays

Event	Team Gender	Finishing	Team Name	Runner 1	Time	Runner 2	Time 2	Runner 3	Time 3	Team Time	
3x3k	Men	1st	Adelaide Harriers U18	Cooper Giles	9:31	Jackson Rendall	10:20	Cael Mulholland	9:27	29:18	
		2nd	Flinders U18	Torben Roberts	9:35	Samuel Plaice	10:41	David Zhuang	11:44	32:00	
		3rd	Western Athletics Club	Blake	11:52	Sam	11:35	Hayden	11:19	34:46	
		4th	Adelaide Harriers U14	Tully Hickman	11:41	Nicholas Pavia	12:00	Zac Bald	12:08	35:49	
		5th	Masters 1	Stephen Trutwin	11:22	Paul Liano	11:59	Michael Tagell	13:23	36:44	
		6th	Masters 4	Richard Everson	12:39	Andrew McKay	14:15	Richard McMahon	11:55	38:49	
		7th	Western Athletics Club	Gaetano Aiello	12:50	David	14:16	Neil	15:52	42:58	
	Mixed	1st	ACE	Mikaela Jones	10:57	Alex Twartz	10:08	Cormac Baker	10:54	31:59	
		2nd	Flinders U14 Mixed	Jordan Leane	10:58	Asha Lawson	11:28	Tasmin Stuart	12:59	35:25	
		3rd	Masters 5	Richard McMahon	11:49	Clare Stacey	13:09	Mark Worthing	13:21	38:19	
		4th	Saints Open C	Aaron Williams	11:55	Naomi Dewing	15:34	Sarah Manning	13:33	41:02	
		5th	Western Athletics Club	Andrew	18:58	Jen Latte	19:42	Di Robinson	17:51	56:31	
	Women	1st	Saints Juniors	Sasha Hardin	11:53	Noa Goddard	12:56	Daisy Braithwaite	12:29	37:18	
		2nd	Pembroke U16 Female	Aimee Hacquoil	11:59	Ava Wilson	13:18	Layla Rinnane	13:29	38:46	
		3rd	TTG Girls	Bethany Sternagel	12:20	Sophie Driver	14:34	Ava Field	12:11	39:05	
		4th	Adelaide Harriers - Women	Rosie Ranford	12:25	Paige Cranage	11:43	Ann Nyugen	15:33	39:41	
		5th	Masters 2	Sarah Chinner	13:56	Marlene Norton-Baker	16:39	Patricia Laird	12:27	43:02	
		6th	ACE	Aaliyah Fox	12:24	Laura Stanton	15:53	Lilly Foster	15:36	43:53	
		7th	Flinders Open Womens	Alicia Stephens	13:03	Karen Els	12:33	Madelene McNeil T13	19:14	44:50	
		8th	Western Athletics Club	Cathy Hayles	19:48	Jude Lowe	15:37	Lesley Rutherford	18:33	53:58	
		9th	Masters 3	Carol Fallon	20:00	Belinda Elliott	19:31	Ros Lowe	17:21	56:52	
	DNF	Western Athletics Club	Hannah	12:13	Victoria	11:09					
	3x6k	Men	1st	Flinders Open Mens A	Jacob Cocks	17:46	Riley Cocks	17:36	Lachlan Scott	18:52	54:14
			2nd	Hills Open Men A	Max Stevens	17:50	Jason Matulick	19:46	Matthew Clarke	17:07	54:43
			3rd	Adelaide Harriers Open Men A	Harry Bagley	19:00	Steve McKenna	18:25	Adrian Potter	17:39	55:04
			4th	Adelaide Harriers Open Men B	Matt Gluyas	19:02	Tom Dowd	19:03	Bryn Nicholls	19:35	57:40
			5th	Flinders Open Mens B	Bailey Dyer	18:46	Cam Clohesy	19:42	Dylan Bosch	19:44	58:12
6th			Adelaide Harriers Open Men C	Tom Millard	19:25	Arron Nitschke	19:47	Jack Murphy	19:18	58:30	
7th			Flinders Open Mens C	Aidan Norbury	20:41	Jordan Harvey	20:08	Robert Killmier	20:03	1:00:52	
8th			Adelaide Harriers Open Men D	Ben Cartwright	19:57	M Sharkey	20:35	Simon Uphill	20:50	1:01:22	
9th			Pembroke U20	Sam Creighton	20:52	Joe Cross	20:09	Jack Atherton	20:31	1:01:32	
10th			Flinders U20 Men	Mitchell Bray	21:32	Marco Els	19:19	Sean Green	21:16	1:02:07	
11th			Adelaide Harriers O35 A Men	Paul M	20:13	Dom T	20:14	Dan H	22:07	1:02:34	
12th			Saints U20 Boys	Adam Goddard	18:45	Zac Connell	22:03	Mohammad Ehya Heida	22:40	1:03:28	
13th			Adelaide Harriers O35 B Men	Brad White	21:14	Trav H	20:39	Mitch D	21:43	1:03:36	
14th			Saints Open Men	Dylan Stenson	18:39	Bryce Watkins	21:08	Andrew Giam	23:50	1:03:37	
15th			Adelaide Harriers Open Men E	Shannon G	21:11	Steve Maxwell	21:56	Nick Laity	20:46	1:03:53	
16th			Flinders Open Mens D	James Kay	20:27	Brett Nilsen	22:01	Stephen Burns	21:36	1:04:04	
17th			Western Athletics Club	Joshua Lynott	19:42	Lachie Hall	23:14	Matthew Fenech	23:32	1:06:28	
18th			Adelaide Harriers Open Men F	Sam Oliver	22:30	J Grace	23:16	Jack Hunter	21:02	1:06:48	
19th			Hills Open B	Bennett Maxwell	22:42	Timon Sideris T20	23:56	Ben Steer	21:19	1:07:57	
20th			Adelaide Harriers O35 Men C	Moss K	24:38	Brant L	22:26	Bobby E	22:23	1:09:27	
21st			Adelaide Harriers O50 Men	Tony Jarrett	23:24	Pieter de Wit	22:44	Scott R	23:26	1:09:34	
22nd			Western Athletics Club	Josh Nielsen	23:02	Jack Allwood	23:28	Mitch Booker	25:02	1:11:32	
23rd			Flinders Open Mens E	Josiah Stewart	21:45	Andrew McLennan	26:07	Aidan Harslett	24:24	1:12:16	

3x6k	Men	24th	Saints Open B	Henry Braithwaite	21:47	Dan James	21:50	Nik Flabouris	28:54	1:12:31
		25th	Flinders Mens O50	Colin Ambrose	20:33	Michael McAuliffe	23:43	Gunther Andersson	28:48	1:13:04
		26th	Adelaide Harriers O50 Men	Howard Norton	23:44	Paul Froggart	26:38	Mick Tagell	27:11	1:17:33
		27th	Adelaide Harriers O50 Men	David Qu	30:41	Peter Sandery	29:29	Steven Trutwin	23:42	1:23:52
	Mixed	1st	ACE	Lalissa Baker	26:59	J Jones	23:15	Cass Baker	24:26	1:14:40
		2nd	Hills Mixed A	Paul Sideris	25:53	Tony Sideris	26:44	Felicity Alexander	32:49	1:25:26
	Women	1st	Hills Open Women A	Caitlin Adams	19:50	Jessica Stenson	20:09	Tessa Potenzny	23:15	1:03:14
		2nd	Adelaide Harriers Open Women	Sarah S	23:16	Jenna K	22:48	Tara Palm	20:10	1:06:14
		3rd	Hills Open Women B	Caitlin Slobedman	23:10	Julia New-Tolley	24:22	Emma Kraft	22:50	1:10:22
		4th	Pembroke Open Women 1	Sophie Morphet	23:16	Charlotte Ruddenkian	23:09	Molly Look	24:50	1:11:15
		5th	Saints Open Women	Brooke Hines	22:24	Hannah Elliott	26:26	Claire Hodgart	23:52	1:12:42
6th		Adelaide Harriers Women O35	Ciara Foster	23:55	Elizabeth S	24:24	Bec F	28:09	1:16:28	
7th		Hills Open Women C	Brooke Webb	24:22	Lisa Davis	25:04	Issy Tucker	27:24	1:16:50	
8th		Pembroke Open Women 2	Lucy Mauviel	24:18	Beth Cross	27:56	Maddy Kelly	25:27	1:17:41	
9th		Adelaide Harriers Open Women	Paige Cranage	25:24	Elise Bennett	28:48	Belinda Richardson	23:43	1:17:55	
10th		Flinders Women O35	Megan Palmer	25:36	Alison Sorell	28:19	Chantel Peacock	26:22	1:20:17	
11th		Adelaide Harriers O50 Women	Michelle Leyden	26:41	Julie Hargreaves	27:51	Patricia Laird	28:25	1:22:57	