



South Australian Masters Athletics

HALL OF FAME



Peter Sandery

Member of SAMA for 42 years



Inductee No 6: Peter Sandery



BIOGRAPHY

At the age of 21, Peter ran one season of track and field competition when the Lower Murray Harriers was formed at Murray Bridge High School, where he began his teaching career. He returned to running when he was 39, largely as a road runner with SARRC and trained mainly for marathons. He subsequently joined the Vets in 1981, running mainly in winter season events, but with some distance track events at the Olympic Sportsfield. Peter joined Roger Pedrick's speed training group at Adelaide Harriers and when Roger stopped coaching this group he trained himself and in response to others, did the requisite courses to obtain ATFCA accreditation.

He is now a Level IV coach with a focus on middle and long distance running for Masters athletes. He is a regular contributor to SAMA's bi-monthly publication, "SA Masters Athletics News". Peter represented SAMA for many years as Club Delegate at the Clubs Council of ASA.

He has a long history in some events such as the Barossa half marathon where he may have run that event more times than anyone else. He has run nearly 30 City-Bay races, starting in 1980 and has been competing in the National Running Week events held in Thredbo in January for some 25 years. In the Pichi Richi half marathon Peter has scored outright wins five times.

In 1982, Peter was the winner of SAMA's Tiki Trophy. This was a wooden trophy originating in 1972 when it was donated by a group of visiting New Zealand Veterans. The Tiki race was on the SAMA calendar until 1997 but the trophy had been transferred back to Blackwood in the late 80s and the race lapsed.

In the 2009 Summer/Winter season Peter had the distinction of being the oldest regularly competing ASA Interclub athlete. In SAMA annual age graded competition, Peter has recorded the best non-sprint performance since 2002.

In January 2021, Peter collected his 250th Park Run. He is the current Age Grade course record holder for both the Renmark Park Run with 84.91% (22.19) and the Murray Bridge Park Run with 87.87% (21.24).

Continuing his versatility, in June 2021, Peter (representing the Adelaide Harriers Athletics Club) ran under 50 minutes (48.14) in the 10k ASA Winter Season 10k Road Championships held at West Beach breaking the over 80M category record by some eight minutes.

NATIONAL & INTERNATIONAL EVENTS

Peter competed for the first time at the AMA Championships in 1999 in Canberra. From that event until 2019 in Melbourne he amassed a total of 49 Gold, 22 Silver and 7 Bronze medals in a further sixteen Championships.

His achievement at the international level has also been impressive with a return of 33 medals at the Outdoor World Masters Athletics (WMA) Championships (8 gold, 13 Silver, 12 Bronze) as well as 13 medals from four Indoor WMA Championships (4 gold, 7 silver, 2 bronze). He currently holds four Australian Indoor records.

At Oceania Masters Athletics (OMA) Championships Peter has an outstanding collection of 42 medals from eight meets (27 gold, 12 silver and 3 bronze). He is also the current holder of four OMA Championship records.

At three World Masters Games (WMG) Peter has collected a further 13 medals (6 gold, 3 silver, 4 bronze) from competing at three Games (Melbourne, Sydney, Turin).



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Peter has also been a regular attendee at Australian Masters Games and has performed strongly in middle and long distance athletic events for numerous podium finishes.

Peter has also won several prestigious awards for his contribution to athletics. He was made a Life Member of Athletics SA in November 2021 in recognition of his service in South Australia as an athlete and coach. Over the years he has coached athletes who are involved at a recreational level and those pursuing the elite levels.

In 2000 Peter received AMA's "Most Outstanding Male Athlete" award and in 2008 received their "Middle Distance" award.

Peter won SAMA's "Most Outstanding Male" award in 2009 and 2021 and has been the recipient of the "Runs" award on seven occasions between 2006 and 2014. He has continued to dominate distance running between 2015 and 2021 winning the "Distance" award on four occasions. Peter currently holds 65 SAMA records (including four Indoor) in distances ranging from 400m to the Half Marathon across six age groups.

Peter is currently ranked prominently in the world as detailed on the "World Masters Ranking" website; 400m 5th, 800m 3rd, 1500m 3rd 3000m 2nd. Peter finished 2022 ranked Number 1 for the mile run.





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RECORDS SET (Australian, OMA, State)

Record level	Event	Age Group	Performance	Date	Location
Australian	3000m	70	11.11.25	2011	Adelaide
Australian	2k Steeple	70	8.16.57	2011	Sacramento, USA
Australian Indoor	800m	70	2.40.11	2012	Finland
		75	2.54.22	2017	South Korea
Australian Indoor	1500m	70	5.20.16	2012	Finland
		75	6.15.77	2017	South Korea
Australian Indoor	1 Mile Track	65	5.22.70 (Current)	2008	Boston, USA
Australian Indoor	3000m	65	10.39.33	2008	France
		65	10.36.54 (Current)	2008	Boston, USA
		70	11.16.60 (Current)	2012	Finland
		75	12.36.92 (Current)	2017	South Korea
SAMA	400m	80	90.07 (Current)	2021	Adelaide
SAMA	800m	65	2.31.29	2006	Gold Coast
		65	2.31.28	2007	Hobart
		65	2.29.64	2008	Adelaide
		65	2.29.12	2008	Adelaide
		70	2.37.48	2011	Sacramento, USA
		75	2.49.16 (Current)	2016	Perth
		80	3.18	2021	Adelaide
		80	3.13.94 (Current)	2022	Perth
SAMA	1000m	70	3.54.	2016	Adelaide
		75	3.58	2016	Adelaide
		75	3.50 (Current)	2016	Adelaide
		80	4.26 (Current)	2021	Adelaide
SAMA	1500m	55	4.42.02	1999	Canberra
		55	4.41.94	1999	Adelaide
		55	4.38.0 (Current)	1999	Adelaide
		60	4.44.3	2021	Adelaide
		60	4.42.0 (Current)	2002	Adelaide
		65	5.02.66	2006	Gold Coast
		65	4.59.79	2006	Adelaide
		65	4.57.8 (Current)	2007	Hobart
		70	5.17.21	2011	Sacramento, USA
		75	5.49.57 (Current)	2016	Perth



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RECORDS SET (Australian, OMA, State) *continued*

Record level	Event	Age Group	Performance	Date	Location
SAMA	1500m	80	6.42.0 (Current)	2021	Adelaide
SAMA	1 Mile Track	70	5.47.0 (Current)	2012	Adelaide
SAMA	2000m	70	8.31	2016	Adelaide
		75	8.40	2016	Adelaide
		75	8.18 (Current)	2016	Adelaide
		80	8.53 (Current)	2021	Adelaide
SAMA	3000m	55	9.55.0	1997	Adelaide
		60	10.06.10 (Current)	2001	Adelaide
		65	11.09.82	2006	Adelaide
		65	10.56	2007	Adelaide
		65	10.41.51 (Current)	2008	Adelaide
		70	11.17	2011	Adelaide
		70	11.11.25 (Current)	2011	Adelaide
		80	14.25	2021	Adelaide
SAMA	5000m	80	14.18 (Current)	2022	Adelaide
		55	17.04	1996	
		60	17.05.17 (Current)	2002	Adelaide
		65	18.50.54	2007	Gold Coast
		65	18.36.87	2007	Hobart
		65	18.17	2008	Adelaide
		65	18.14 (Current)	2009	Adelaide
		70	19.20.47 (Current)	2011	Sacramento, USA
SAMA	10,000m	75	21.04.92 (Current)	2016	Perth
		80	24.20 (Current)	2021	Adelaide
		55	35.32 (Current)	1997	Adelaide
		60	35.33.05 (Current)	2001	Brisbane
		65	39.50.41	2006	Gold Coast
		65	37.40.11 (Current)	2007	Hobart
		70	40.36.20 (Current)	2011	Sacramento, USA
		75	47.57.70 (Current)	2016	Perth
SAMA	2k Steeple	80	52.42.79 (Current)	2022	Perth
		65	8.14.11	2007	Riccione, Italy
		65	8.02.51	2008	Townsville
		75	9.37.80	2016	Perth



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RECORDS SET (Australian, OMA, State) *continued*

Record level	Event	Age Group	Performance	Date	Location
SAMA	2k Steeple	75	9.16.59 (Current)	2016	Queensland
SAMA	5k non-Stadia	55	17.17 (Current)	1999	Adelaide
		60	17.32 (Current)	2002	Adelaide
		65	19.05	2006	Adelaide
		65	18.45	2007	Adelaide
		65	18.41 (Current)	2007	Adelaide
		70	19.45	2011	Adelaide
		70	19.08 (Current)	2011	Adelaide
		75	21.05 (Current)	2016	Adelaide
		80	23.25 (Current)	2021	Adelaide
SAMA	10k non-Stadia	55	34.33 (Current)	1996	Adelaide
		60	36.25	2002	Adelaide
		60	35.20.6 (Current)	2002	Melbourne
		65	39.49	2006	Adelaide
		65	38.27 (Current)	2007	Adelaide
		70	40.49	2011	Adelaide
		70	40.14	2012	Adelaide
		70	39.59 (Current)	2013	Adelaide
		75	46.45 (Current)	2016	Adelaide
		80	48.14 (Current)	2021	Adelaide
SAMA	Half Marathon	50	1.18.37	1996	
		55	1.18.09 (Current)	1996	Gold Coast
		60	1.17.59 (Current)	2002	Melbourne
		65	1.27.29	2006	Adelaide
		65	1.26.38	2006	Pichi Richi
		65	1.25.56 (Current)	2007	Barossa
		70	1.32.19	2011	Adelaide
		70	1.28.65 (Current)	2012	Barossa
SAMA	City to Bay	55	41.35 (Current)	1996	Adelaide
		60	42.33 (Current)	1999	Adelaide
		65	46.32	2006	Adelaide
		65	45.17 (Current)	2008	Adelaide
		70	48.16	2011	Adelaide
		70	48.04 (Current)	2012	Adelaide



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RECORDS SET (Australian, OMA, State) *continued*

Record level	Event	Age Group	Performance	Date	Location
SAMA	City to Bay	75	53.24 (Current)	2016	
		80	73.36 (Current)	2022	
SAMA	8k Cross Country	55	29.46	1999	Adelaide
		60	29.49 (Current)	2002	Adelaide
		65	33.22	2006	Adelaide
		65	32.14	2007	Hobart
		65	30.50	2007	Adelaide
		65	29.39 (Current)	2007	Riccione, Italy
		70	33.47.8	2011	Sacramento, USA
		70	32.54.34 (Current)	2014	Budapest (In)
		75	41.02	2016	Adelaide
		75	39.35.52	2016	Adelaide
		75	36.03.20 (Current)	2016	Perth
SAMA	6k Cross Country	75	32.01	2018	Dunedin, NZ
		75	27.20 (Current)	2018	Perth
		80	33.15	2021	Adelaide
		80	32.30.04 (Current)	2022	Perth
OMA Champs	1500m	70	5.23.64 (Current)	2012	Tauranga, NZ
		75	6.12.47 (Current)	2018	Dunedin, NZ
OMA Champs	5000m	70	19.24.62 (Current)	2012	Tauranga, NZ
OMA Champs	2k Steeple	70	8.25.78 (Current)	2012	Tauranga. NZ



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MEDAL PLACINGS

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
WMA Champs	5000m	M60	Silver	17.12	July, 2001	Brisbane, Australia
	10,000m	M60	Silver	35.33		
	8k Cross Country	M60	Bronze	31.04		
	8k Cross Country	M60	Gold	Team Event		
WMA Champs	5000m	M60	Gold	17.55	July, 2003	Puerto Rico
	8k Cross Country	M60	Silver	29.53		
WMA Champs	10,000m	M65	Silver	39.27	Sept, 2007	Riccione, Italy
	8k Cross Country	M65	Gold	29.29		
	8k Cross Country	M65	Silver	Team Event		
WMA Indoors	800m	M65	Silver	2.30.5	2008	France
	1500m	M65	Silver	5.07.6		
	3000m	M65	Gold	10.39		
WMA Champs	5000m	M65	Bronze	18.42	July, 2009	Lahti, Finland
	8k Cross Country	M65	Bronze	31.32		
	8k Cross Country	M65	Gold	Team Event		
WMA Champs	1500m	M70	Bronze	5.17.2	July, 2011	Sacramento, USA
	5000m	M70	Silver	19.20		
	10,000m	M70	Gold	40.36		
	2k Steeple	M70	Silver	8.16.6		
	8K Cross Country	M70	Bronze	33.47		
	8k Cross Country	M70	Bronze	Team Event		
WMA Indoors	800m	M70	Silver	2.40.1	2012	Jyvaskyla, Finland
	1500m	M70	Bronze	5.20.2		
	3000m	M70	Silver	11.17		
	8k Cross Country	M70	Gold	35.33		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
WMA Champs	800m	M70	Bronze	2.44.7	2013	Porto Alegre, Brazil
	1500m	M70	Gold	5.29.8		
	5000m	M70	Silver	20.05		
	2k Steeple	M70	Silver	8.45.5		
	8k Cross Country	M70	Gold	Team Event		
WMA Indoors	1500m	M70	Bronze	5.33.4	2014	Budapest, Hungary
	8k Cross Country	M70	Gold	32.54		
WMA Champs	800m	M75	Silver	2.49.2	2016	Perth, Australia
	1500m	M75	Bronze	5.50.0		
	5000m	M75	Bronze	21.04		
	10,000m	M75	Bronze	47.58		
	2km Steeple	M75	Silver	9.37.8		
	8k Cross Country	M75	Silver	36.03		
	8k Cross Country	M75	Gold	Team Event		
World Indoors	800m	M75	Silver	2.54.96	2017	Daegu, South Korea
	1500m	M75	Silver	6.15.77		
	3000m	M75	Silver	12.36.9		
	8k Cross Country	M75	Gold	37.02		
World Champs	2k Steeple	M75	Bronze	9.58.6	2018	Malaga, Spain
	6k Cross Country	M75	Bronze	Team Event		
	4x400m Relay	M75	Silver	5.50.2		
OMA Champs	80m	M60	Gold	2.27.4	2006	Christchurch, NZ
	1500m	M60	Gold	4.58.5		
	5000m	M60	Gold	18.02		
	Half Marathon	M60	Gold	85.18		
	8k Cross Country	M60	Gold	30.16		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
OMA Champs	800m	M65	Bronze	2.33.1	2008	Townsville, Australia
	1500m	M65	Silver	5.02.1		
	5000m	M65	Silver	18.32		
	2k Steeple	M65	Silver	8.02.5		
	8k Cross Country	M65	Silver	32.51		
	Half Marathon	M65	Gold	88.26		
OMA Champs	800 m	M65	Gold	2.39.3	2010	Papeete, Tahiti
	1500m	M65	Gold	5.14.1		
	5000m	M65	Gold	19.21		
	2k Steeple	M65	Gold	8.29.5		
	8k Cross Country	M65	Gold	33.27		
	Half Marathon	M65	Gold	99.15		
OMA Champs	800m	M70	Gold	2.40.2	2012	Tauranga, NZ
	1500m	M70	Gold	5.23.64 (rec)		
	5000m	M70	Gold	19.24.62 (rec)		
	2k Steeple	M70	Gold	8.25.78 (rec)		
	8k Cross Country	M70	Gold	35.51		
	Half Marathon	M70	Gold	93.45		
OMA Champs	800m	M70	Silver	2.51.7	2014	Bendigo, Australia
	1500m	M70	Gold	5.32.6		
	5000m	M70	Gold	20.10		
	2k Steeple	M70	Gold	8.55.6		
	8k Cross Country	M70	Gold	34.30		
	Half Marathon	M70	Gold	96.19		
OMA Champs	1500m	M70	Silver	5.53.8	2015	Rarotonga, Cook Islands
	5000m	M70	Silver	24.35		
	2k Steeple	M70	Silver	9.44.1		
	8k Cross Country	M70	Silver	36.45		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
OMA Champs	800m	M75	Silver	3.04.4	2018	Dunedin, NZ
	1500m	M75	Gold	6.12.47 (rec)		
	5000m	M75	Gold	22.49		
	2k Steeple	M75	Gold	9.58		
	6K Cross Country	M75	Gold	32.01		
OMA Champs	800m	M75	Bronze	3.16.7	2019	Mackay, Australia
	1500m	M75	Silver	6.52.0		
	5000m	M75	Silver	24.51		
	6k Cross Country	M75	Bronze	30.18		
WMG	800m	M60	Silver	2.52.2	2002	Melbourne, Australia
	1500m	M60	Silver	4.48.4		
	5000m	M60	Gold	17.09		
	10,000m	M60	Gold	35.21		
	8k Cross Country	M60	Gold	30.36		
	Half Marathon	M60	Gold	77.59		
WMG	5000m	M65	Bronze	19.09	2009	Sydney, Australia
	8k Cross Country	M65	Bronze	31.31		
	10k Road Run	M65	Bronze	39.55		
	Half Marathon	M65	Bronze	95.10		
WMG	1500 m	M70	Silver	5.41.8	2013	Turin, Italy
	5000m	M70	Gold	21.23		
	2k Steeple	M70	Gold	9.06.6		
AMA Champs	1500m	M55	Gold	4.43.0	1999	Canberra
	5000m	M55	Silver	17.42		
	10k Cross Country	M55	Silver	41.45		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
AMA Champs	800m	M60	Gold	2.24.0	2002	Adelaide
	1500m	M60	Silver	4.48.5		
	5000m	M60	Gold	17.05		
	10,000m	M60	Gold	36.54		
	8k Cross Country	M60	Gold	29.49		
AMA Champs	800m	M60	Silver	2.23.4	2003	Perth
	1500m	M60	Silver	4.31.2		
	5000m	M60	Silver	17.40		
	10,000m	M60	Gold	36.43		
	8k Cross Country	M60	Gold	30.06		
AMA Champs	1500m	M60	Silver	5.05.1	2004	Melbourne
	5000m	M60	Gold	18.24		
AMA Champs	800m	M60	Gold	2.27.6	2005	Brisbane
	1500m	M60	Gold	4.52.2		
	5000	M60	Gold	17.52		
	10000m	M60	Gold	36.51		
	8k Cross Country	M60	Gold	32.07		
AMA Champs	800m	M60	Gold	2.27.7	2006	Canberra
	1500m	M60	Gold	4.57.6		
	5000m	M60	Gold	17.57		
	10,000	M60	Gold	36.56		
	8k Cross Country	M60	Gold	31.11		
AMA Champs	800m	M65	Bronze	2.31.9	2007	Hobart
	1500m	M65	Gold	4.57.8		
	5000m	M65	Gold	18.37		
	10,000m	M65	Gold	37.41		
	8k Cross Country	M65	Gold	32.14		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
AMA Champs	800m	M65	Silver	2.30.3	2009	Adelaide
	1500	M65	Gold	5.00.2		
	5000m	M65	Gold	18.42		
	10,000m	M65	Gold	38.23		
	8k Cross Country	M65	Gold	33.04		
	2k Steeple	M65	Gold	8.03.0		
AMA Champs	800m	M65	Bronze	2.39.1	2010	Perth
	1500m	M65	Silver	5.30.3		
	5000m	M65	Bronze	20.11		
	10,000m	M65	Silver	42.51		
	2k Steeple	M65	Silver	8.32.1		
AMA Champs	800m	M65	Silver	2.38.0	2011	Brisbane
	1500	M65	Silver	5.17.9		
	5000m	M65	Silver	19.21		
	10,000	M65	Gold	41.03		
	2k Steeple	M65	Gold	8.34.9		
	8K Cross Country	M65	Silver	35.04		
AMA Champs	800m	M70	Gold	2.58.0	2013	Canberra
	1500m	M70	Gold	5.23.0		
	5000m	M70	Gold	20.00		
	10,000m	M70	Gold	41.41		
	2k Steeple	M70	Gold	8.39.0		
	8k Cross Country	M70	Gold	35.31		
AMA Champs	800m	M70	Gold	2.49.2	2014	Hobart
	1500m	M70	Gold	5.30.5		
	5000m	M70	Gold	20.26		
	10,000m	M70	Gold	43.55		
	2k Steeple	M70	Gold	8.54.2		
	8k Cross Country	M70	Gold	39.46		



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MEDAL PLACINGS *Continued*

World Masters Athletics Champs (WMA), World Masters Games (WMG), Australian Masters Athletics (AMA), Oceania Championships (OMA), Australian Masters Games (AMG)

Competition	Event	Age Group	Placing	Performance	Date	Location
AMA Champs	800m	M70	Silver	2.50.8	2015	Sydney
	1500m	M70	Silver	5.52.3		
	5000m	M70	Bronze	20.39.4		
	2k Steeple	M70	Gold	9.29.6		
	8k Cross Country	M70	Bronze	36.30		
AMA Champs	800m	M70	Silver	2.55.5	2016	Adelaide
	1500m	M70	Silver	5.43.1		
	10,000m	M70	Silver	44.35		
AMA Champs	800m	M75	Gold	3.03.7	2017	Darwin
	1500m	M75	Gold	6.10.5		
	5000m	M75	Gold	23.33.9		
	8k Cross Country	M75	Gold	38.01		
AMA Champs	800m	M75	Silver	3.09.8	2018	Perth
	1500m	M75	Silver	6.16.9		
	5000m	M75	Gold	23.01		
	2k Steeple	M75	Gold	10.11		
	6k Cross Country	M75	Gold	27.20		
AMA Champs	1500m	M75	Bronze	7.04.3	2019	Melbourne
	5000m	M75	Bronze	25.59		



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PERSONAL QUALITIES OF THE NOMINEE

Peter has performed most admirably as an athlete advancing from local competition and on to state, national and international level. The number of podium finishes across all levels of the sport reflect his ability and are a testament to, not just his natural ability, but an application to his training and preparation for competition.

His impressive performances as well as his contribution to the sport as a mentor and accredited coach have been recognized by the sports bodies and he has been awarded the high honor of Life Membership with Athletics South Australia (ASA) as well as premier performance awards from Australian Masters Athletics (AMA) and South Australian Masters Athletics (SAMA).

Over the 25 plus years of his involvement Peter has encouraged many people to try athletics and is still regularly available at the Adelaide Harriers Athletics Club to coach twice a week or via correspondence for those that are unable to attend the club.

Whilst dominating middle and long distance racing across a number of age groups Peter has always shown a respect for fellow competitors of all levels of ability. His integrity and sportsmanship is recognised and acknowledged by his fellow athletes, officials and administrators.

It is recommended that Peter's impressive athletic performances and his strong personal qualities warrant his elevation into the SAMA Hall of Fame.



Porto Alegre, Brazil 2013





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Most Outstanding Athlete 2021

