



South Australian Masters Athletics Inc.

SUNSMART POLICY

The health and well being of members and supporters is of primary concern to SAMA.

SAMA acknowledges that skin cancer is a major public health problem in Australia with a majority of the population requiring treatment for some form of skin cancer during a lifetime.

SAMA recognises that skin cancer is preventable and treatable with early detection and in the interests of all members and supporters of the Club will actively promote and encourage sun protection at all meetings, training and competitions conducted by and for its members.

SAMA will:

1. Schedule summer activities to avoid the peak UV period (11am-3pm).
2. Utilise existing shade at event venues and encourage members and spectators to provide their own shade structures.

SAMA also encourages athletes and officials to:

3. Wear sun protective clothing.
4. Use high value (at least SPF 30+) broad-spectrum water resistant sunscreen.

SMOKE FREE POLICY

South Australian Masters Athletics Inc (SAMA) recognises that passive smoking is hazardous to health and that non-smokers should be protected from the involuntary inhalation of tobacco smoke.

Accordingly, this policy applies as follows to members and visitors:

Smoking is prohibited in the clubrooms used by SAMA and:

Outdoor areas less than 20 metres distant from the Clubrooms.

Outdoor areas less than 20 metres distant from spectators and competitors at event venues.

Appropriate non-smoking signs will be displayed where possible.